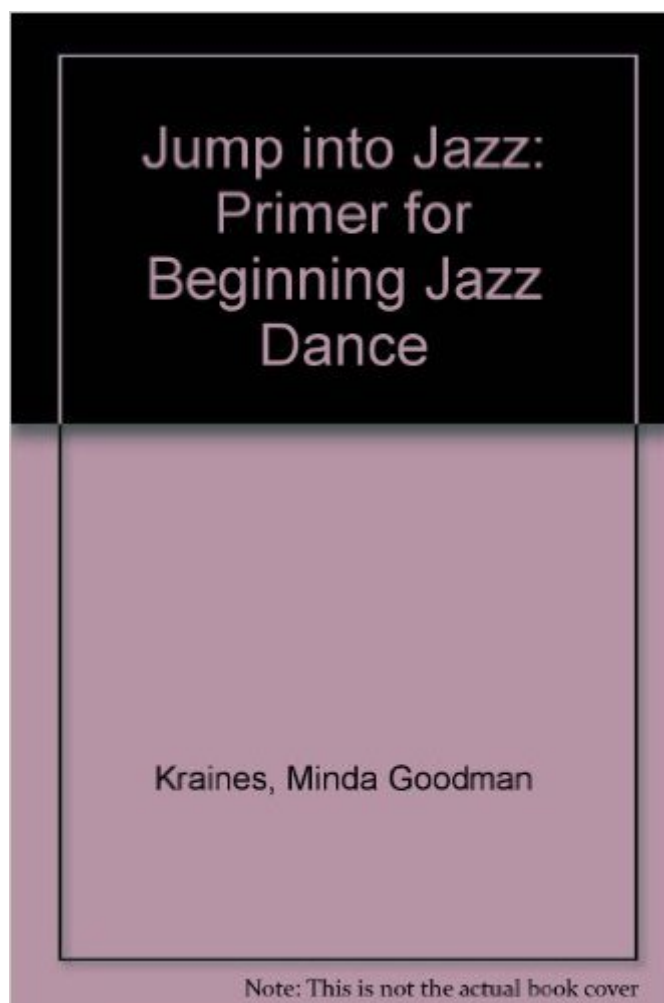


The book was found

Jump Into Jazz: Primer For Beginning Jazz Dance



Synopsis

First published in 1983, this book has become a standard activity book in jazz dance. It contains clear, well-illustrated descriptions of all basic jazz dance steps, combined with information on alignment, improvization, injuries, nutrition, and the history of jazz. A new chapter on fitness has been added to help dancers to understand and improve their strength, flexibility and endurance and precaution boxes have been added to help avoid injury. --This text refers to an out of print or unavailable edition of this title.

Book Information

Hardcover: 115 pages

Publisher: Mayfield Publishing Co ,U.S.; 1st edition (May 1983)

Language: English

ISBN-10: 0874845718

ISBN-13: 978-0874845716

Product Dimensions: 7.9 x 7.7 x 0.4 inches

Shipping Weight: 7.8 ounces

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #2,811,421 in Books (See Top 100 in Books) #37 in [Books > Arts &](#)

[Photography > Performing Arts > Dance > Jazz](#) #212149 in [Books > Humor & Entertainment](#)

Customer Reviews

This book is a great condensed overview of different eras and their styles of dancing and music. It also had some exercises for Jazz students including pictures, which is very helpful. I enjoyed the book.

Fun book to help with the basics of jazz, exercises, stretches, moves, etc. Definitely an easy read, especially for beginners

This book was very insightful. It gave a detailed history of where Jazz began and how it has developed to the present day. It also discussed proper nutrition a dancer should have, classroom etiquette, injury prevention and much more. I would recommend this book to anyone who wants to learn or teach jazz.

[Download to continue reading...](#)

Jump into Jazz: A Primer for the Beginning Jazz Dance Student Jump into Jazz: Primer for Beginning Jazz Dance Jump Into Jazz: The Basics and Beyond for Jazz Dance Students Jump at the Sun: It's Beginning to Look a Lot Like Kwanzaa! - Holiday Classics (Jump at the Sun Holiday Classics) Jump, Frog, Jump! Jump, Kangaroo, Jump! (MathStart 3) Jazz Dance Class: Beginning thru Advanced (Dance Horizons Book) How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy) Beginning Modern Dance (Interactive Dance) Beginning Tap Dance With Web Resource (Interactive Dance) Beginning Modern Dance With Web Resource (Interactive Dance) Tap Dance Beginning Through Intermediate Lessons (Teaching Dance, Volume 5) African Dance Trends (Dance and Fitness Trends) (Dance & Fitness Trends) Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers Foxtrot: Learn To Dance The Foxtrot In No Time (Dance Acceleration Learn To Dance Book 1) The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories Tap Dancing (Dance, Dance, Dance) Jump into Fall! Jump into Science: Volcano!

[Dmca](#)